FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-0287							
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* COLE STEPHEN					2. Issuer Name and Ticker or Trading Symbol FARO TECHNOLOGIES INC [FARO]										ck all appl Direct	or	g Per	10% O	wner
(Last) (First) (Middle) C/O FARO TECHNOLOGIES, INC.					3. Date of Earliest Transaction (Month/Day/Year) 07/01/2019										Office below	r (give title)		Other (below)	specify
250 TECHNOLOGY PARK (Street) LAKE MARY FL 32746					4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Inc Line)	Form	ridual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(5	State)	(Zip)																
		Tab	le I - Non-	-Deriva	ative	Sec	curiti	es A	cquired,	Dis	posed	of, or B	enefi	cially	/ Owne	d			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)						ar) E	Execution f any	A. Deemed execution Date, any Month/Day/Year)		Transaction Dispose Code (Instr. 5)		rities Acquired (A) ed Of (D) (Instr. 3, 4		and Securiti		ties For (D) I Following (I)		n: Direct	7. Nature of Indirect Beneficial Ownership (Instr. 4)
							Code	v	Amount	t (A) or (D)		rice			(111511.4)				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transaction Code (Instr. 8)		n of		6. Date Exercisab Expiration Date (Month/Day/Year)		Amount of		of s ng e Secur	S (1	B. Price of Derivative Security Instr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owners Form: Direct or Indi (I) (Inst	Ownership	Beneficial Ownership ct (Instr. 4)
				С	ode	v	(A)	(D)	Date Exercisable		opiration	Title	Amou or Numb of Share	oer					
Deferred Stock Units ⁽¹⁾	(2)	07/01/2019			A		379		(2)		(2)	Common Stock	379	9	\$0	1,284		D	

Explanation of Responses:

- 1. Deferred stock units ("DSUs") granted pursuant to the FARO Technologies, Inc. (the "Company") 2014 Incentive Plan (the "Incentive Plan") and the FARO Technologies, Inc. 2018 Non-Employee Director Deferred Compensation Plan (the "Deferred Compensation Plan").
- 2. Each DSU represents the right to receive one share of the Company's common stock no later than 60 business days following the date the reporting person incurs a separation of service from the Company, or in limited circumstances upon a change in control of the Company cash equal to the fair market value of one share of the Company's common stock on the date of the change in control, pursuant to the terms of the Deferred Compensation Plan.

Remarks:

/s/ Jody S. Gale, Attorney-in-Fact (power of attorney

07/02/2019

previously filed)

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.