FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

| OMB APPROVAL | | | | | | | | | |
|---------------------|----------|--|--|--|--|--|--|--|--|
| OMB Number: | 3235-028 | | | | | | | | |
| Estimated average b | urden | | | | | | | | |

0.5

hours per response:

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

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|---|----------|--|---|---|---|---|--|---------------------------------|----------------------|-------------|----------------------|--|---|-----------|---|---|--------------------------------|--|--|
| 1. Name and Address of Reporting Person* <u>COLE STEPHEN</u> | | | | | 2. Issuer Name and Ticker or Trading Symbol FARO TECHNOLOGIES INC [FARO] | | | | | | | | | (Che | elationshi eck all ap X Dire | olicable) | ing Pe | erson(s) to I | |
| (Last) (First) (Middle) C/O FARO TECHNOLOGIES, INC. 250 TECHNOLOGY PARK | | | | | | 3. Date of Earliest Transaction (Month/Day/Year) 05/31/2019 | | | | | | | | | Officer (give title below) | | | Other below | (specify) |
| (Street) LAKE M (City) | ARY FI | | 32746 (Zip) | | 4. If <i>A</i> | Amen | dment, | Date o | of Origina | al Filed | d (Month/Da | ay/Year |) | Line | Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | |
| | <u> </u> | | | n-Deriv | ative : | Sec | uritie | s Ac | nuired | . Dis | posed o | f. or | Benef | iciall | v Own | ed be | | | |
| | | 2. Transaction Date (Month/Day/Year) | | 2A. Deemed Execution Date, if any (Month/Day/Year) | | 3. Transaction Code (Instr. | | 4. Securities Acquired (A) | | or 5. Amoun | | unt of es ially Following | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | | | | |
| | | | | | | Code | v | Amount | (A) | or P | rice | Transac (Instr. 3 | tion(s) | | | (1130.4) | | | |
| Common | Stock | | 05/31/2019 A 2,267 ⁽¹⁾ A \$0 8,172 D | | | | | | | | | | | | | | | | |
| Common | Stock | | | | | | | | | | | | | | | 490 I See Footno | | | |
| Common Stock | | | | | | | | | | | | | | | 7 | ,000 | | | See Footnote ⁽³⁾ |
| Common Stock | | | | | | | | | | | | | 10,630 | | | T I | See Footnote ⁽⁴⁾ | | |
| | | Та | | | | | | | | | osed of, onvertib | | | | Owned | | | | |
| Derivative Conversion Date | | 3. Transaction Date (Month/Day/Year) | 3A. Deer Execution if any (Month/E | on Date, | 4. Transac Code (In 8) | | 5. Nu of Deriv Secu Acqu (A) or Dispo of (D) (Instr and 5 | ative rities ired osed | Expirati (Month/I | on Dai | ear) | 7. Title and Amount of Securities Underlying Derivative Security (Ins and 4) | | nt D S (1 | Price of erivative ecurity nstr. 5) | 9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4) | у | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) |
| | | | | | Code | v | (A) | (D) | Date Exercisa | | Expiration Date | Title | of Share | | | | | | |

Explanation of Responses:

- 1. Issued as restricted stock units, which represent the contingent right to receive an equivalent number of shares of common stock of FARO Technologies, Inc. (the "Company"). The restricted stock units vest on the day prior to the date of the 2020 annual meeting of shareholders, subject to the reporting person's continued membership on the Company's Board of Directors as of such date.
- 2. Held by Shanklin Investments in trust for the reporting person, who holds shares in trust from Snow Powder Ridge Limited, a company owned by the reporting person, his wife and his children.
- 3. Held by Snow Powder Ridge Limited, a company owned by the reporting person, his wife and his children.
- 4. Held by Seeonee Inc., a company indirectly owned by two trusts, of which the reporting person and his family members are the beneficiaries. The reporting person has sole investment control with respect to such shares of the Company's common stock.

Remarks:

/s/ Jody S. Gale, Attorney-in-Fact for Stephen Cole (power 06/04/2019 of attorney previously filed)

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.