

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL	
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Check this box if no longer subject to Section 16, Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

<p>1. Name and Address of Reporting Person*</p> <p><u>DAMOURS HURBERT</u></p> <hr/> <p>(Last) (First) (Middle)</p> <p><u>FARO TECHNOLOGIES INC</u></p> <p><u>125 TECHNOLOGY PARK</u></p> <hr/> <p>(Street)</p> <p><u>LAKE MARY FL 32746</u></p> <hr/> <p>(City) (State) (Zip)</p>	<p>2. Issuer Name and Ticker or Trading Symbol</p> <p><u>FARO TECHNOLOGIES INC [FARO]</u></p>	<p>5. Relationship of Reporting Person(s) to Issuer (Check all applicable)</p> <p><input checked="" type="checkbox"/> Director 10% Owner</p> <p>Officer (give title below) Other (specify below)</p>
<p>3. Date of Earliest Transaction (Month/Day/Year)</p> <p><u>11/14/2003</u></p>		<p>6. Individual or Joint/Group Filing (Check Applicable Line)</p> <p><input checked="" type="checkbox"/> Form filed by One Reporting Person</p> <p>Form filed by More than One Reporting Person</p>
<p>4. If Amendment, Date of Original Filed (Month/Day/Year)</p>		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock, par value \$.001	11/14/2003		M		29,000	A	\$2.46	53,260	D	
Common Stock, par value \$.001	11/14/2003		S		29,000	D	\$25.9487	24,260	D	
Common Stock, par value \$.001								12,000	I	By Capimont, Inc.
Common Stock, par value \$.001								19,100	I	By Hubert d'Amours & Associates, Inc.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date						Title
Nonemployee Director Stock Option (right to buy)	\$4.88	11/14/2003		M			3,000	04/29/2000	04/29/2009	Common Stock	3,000	\$0	0	D	
Nonemployee Director Stock Option (right to buy)	\$3.13							04/28/2001	04/28/2010	Common Stock	3,000		3,000	D	
Nonemployee Director Stock Option (right to buy)	\$2.57							05/02/2002	05/02/2011	Common Stock	3,000		3,000	D	
Nonemployee Director Stock Option (right to buy)	\$2.46	11/14/2003		M			26,000	05/16/2002	05/16/2007	Common Stock	26,000	\$0	0	D	
Nonemployee Director Stock Option (right to buy)	\$2.46							05/16/2003 ⁽¹⁾	05/16/2012	Common Stock	3,000		3,000	D	
Nonemployee Director Stock Option (right to buy)	\$4.42							04/29/2004 ⁽²⁾	04/29/2013	Common Stock	3,000		3,000	D	

Explanation of Responses:

- The number of options currently held by the reporting person was inadvertently underreported. The company is legally obligated under the 1997 Non-Employee Director Stock Option Plan to grant options to all Non-Employee Directors under the terms and conditions as set forth in the plan. The option vests in three equal annual installments on May 16, 2003, 2004, and 2005.
- The number of options currently held by the reporting person was inadvertently underreported. The company is legally obligated under the 1997 Non-Employee Director Stock Option Plan to grant options to all Non-Employee Directors under the terms and conditions as set forth in the plan. The option vests in three equal annual installments on April 29, 2004, 2005, and 2006.

/s/ Martin A. Traber, Attorney- 11/18/2003
in-fact for Hubert d'Amours

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.