FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB AF	PROVAL
OMB Number:	3235-028

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	hours per i	average burden response:	0.5									
ationship of Reporting Person(s) to Issuer k all applicable)												
Director		10% Owner										
Officer (giv below)	e title	Other (specify below)										

Name and Address of Reporting Person* COLE STEPHEN			2. Issuer Name and Ticker or Trading Symbol FARO TECHNOLOGIES INC [FARO]		ationship of Reporting Pe call applicable) Director	erson(s) to Issuer 10% Owner	
(Last) 125 TECHNOL	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 11/17/2003		Officer (give title below)	Other (specify below)	
(Street) LAKE MARY (City)	FL (State)	33746 (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line) X	rvidual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person		
		Table L. Non-Deriv	vative Securities Acquired Disposed of or Benef	icially	Owned		

Table 1 - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned												
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution Date, Transaction Disposed Of (D) (Instr. 3, 4 and			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)					
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(4)		
Common Stock, par value \$.001	11/17/2003		S		6,000	D	\$23.8877	25,274	I	(1) ⁽¹⁾		
Common Stock, par value \$.001								1,971	I	(2)(2)		
Common Stock, par value \$.001								490	I	(3)(3)		

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

	(e.g., puts, cans, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exerc Expiration Da (Month/Day/Y	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

- 1. Shares held in "street form" in the account of Snow Powder Ridge Limited company owned by Stephen's wife Wendy Cole by YMG Private Wealth Management.
- 2. Shares registered in the name of Stephen Cole, and held in trust for Snow Powder Ridge Limited, a company owned by Stephen's wife, Wendy Cole.
- 3. Shares registered in the name of Shanklin Investments Limited and held in trust for Stephen Cole who holds them in trust for Snow Powder Ridge Limited, a company owned by Stephen's wife, Wendy Cole.

Stephen Cole

11/19/2003

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.