FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

illigion, D.C. 20549	OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* COLE STEPHEN (Last) (First) (Middle) 125 TECHNOLOGY PARK						2. Issuer Name and Ticker or Trading Symbol FARO TECHNOLOGIES INC [FARO]										5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
							of Earlie	est Tra	nsaction (Mo	nth/C	Day/Year)		Officer below)	(give title		Other (specify below)					
(Street) LAKE MARY FL 32746 (City) (State) (Zip)				4. I	f Ame	endmer	t, Date	e of Original F	iled	(Month/D	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person										
		Tab	le I - Non	-Deriv	ative	e Se	curiti	es A	cquired, [Disp	osed o	of, or B	enefi	cially	/ Owned						
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)				saction	ction 2A. Dec			e, Transaction Code (Instr. 5) 4. Securiti Disposed 5)		rities Acquired (A) or ad Of (D) (Instr. 3, 4 a		or	5. Amount of Securities Beneficially Owned Follo Reported		Forr (D)	m: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
									Code	v	Amount	(A) (D)	or Pr	ice		action(s) 3 and 4)					
Common	ommon Stock				09/08/2007				M		733	3 A	·	\$0	7,	7,159		D			
Common	Common Stock														490		I		Held by Wife ⁽¹⁾		
		Т							quired, Di						Owned		,	,			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution D if any (Month/Day)	d Date,	4. Transactio Code (Instr 8)		5. Number of		S, options, convert 6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4)		8	s. Price of Derivative Security Instr. 5)	9. Number of derivative Securities Securities Owned Following Reported Transaction(s (Instr. 4)		Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership t (Instr. 4)			
					Code	v	(A)	(D)	Date Exercisable		piration tte	Title	Amor or Numl of Share	ber							
Non- employee Director Stock Option (right to buy)	\$2.57								05/02/2002	05	/02/2011	Common Stock	1,00	00		1,000		D			
Non- employee Director Stock Option (right to buy)	\$2.57								04/26/2003	04	/26/2012	Common Stock	2,00	00		2,000		D			
Non- employee Director Stock Option (right to buy)	\$4.42								04/29/2004	04	/29/2013	Common Stock	3,00	00		3,000		D			
Non- employee Director Stock Option (right to buy)	\$21.56								05/12/2005	05	/12/2015	Common Stock	3,00	00		3,000		D			
Restricted Common Stock	(2)								(2)		(2)	Common Stock	66	6		666		D			
Restricted Common Stock	(2)	09/08/2007			M		733		(2)		(2)	Common Stock	1,40	67	\$0	1,467		D			
Restricted Common	(2)								(2)		(2)	Common	2,20	00		2,200		D			

- 1. Shares registered in the name of Shanklin Investments and held in trust for Stephen Cole who holds them in trust for Snow Powder Ridge Limited a company owned by Stephen's wife Wendy Cole.
- 2. Restricted stock was granted pursuant to the Company's 2004 Equity Incentive Plan and vests in three annual installments beginning one year from date of grant.

/s/ Martin A. Traber as

Attorney In Fact for Stephen 09/10/2007

Cole

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.